

# Folksam Grand Prix

## Resultat 3-kamp

### Men 200 m Vind:2.5

1 Fredrik Samuelsson	95	Hässelby SK	21.88
2 Jonathan Carbe	90	Örgryte IS	22.30
3 Andreas Gustafsson	97	Falu IK	22.59
4 Carl af Forselles	01	Hässelby SK	22.60
5 Gustav Magnusson	00	Nyköpings BIS	23.08
6 Rasmus Elfgaard	94	24SevenAthletics	23.15
7 Kevin Fankl	95	24SevenAthletics	23.34

### Men Long Jump

1 Jonathan Carbe	90	Örgryte IS	7.33(0.4)	PB
2 Fredrik Samuelsson	95	Hässelby SK	7.22(0.0)	
3 Carl af Forselles	01	Hässelby SK	6.89(1.3)	
4 Gustav Magnusson	00	Nyköpings BIS	6.83(1.4)	PB
5 Andreas Gustafsson	97	Falu IK	6.79(1.9)	
6 Kevin Fankl	95	24SevenAthletics	6.56(0.7)	SB
7 Rasmus Elfgaard	94	24SevenAthletics	6.39(-0.1)	

C af Forselles	6.85	(0.8)	6.89	(1.3)	6.63	(-0.9)
G Magnusson	X	(1.6)	6.83	(1.4)	X	(-0.5)
K Fankl	6.45	(0.8)	6.56	(0.7)	6.43	(0.3)
R Elfgaard	6.39	(-0.1)	X	(0.3)	6.24	(-0.7)
F Samuelsson	7.20	(0.8)	7.22	(0.0)	7.05	(-1.5)
J Carbe	6.96	(1.1)	7.33	(0.4)	-	
A Gustafsson	6.79	(1.9)	X	(-0.2)	6.66	(-1.3)

### Men Shot Put

1 Fredrik Samuelsson	95	Hässelby SK	14.40	PB
2 Kevin Fankl	95	24SevenAthletics	13.44	SB
3 Andreas Gustafsson	97	Falu IK	12.53	
4 Jonathan Carbe	90	Örgryte IS	12.41	PB
5 Gustav Magnusson	00	Nyköpings BIS	10.98	
6 Carl af Forselles	01	Hässelby SK	10.28	
Rasmus Elfgaard	94	24SevenAthletics	NM	

G Magnusson	X	10.98	X
K Fankl	13.44	13.44	X
F Samuelsson	13.68	14.08	14.40
C af Forselles	9.30	9.82	10.28
R Elfgaard	X	X	X
A Gustafsson	12.26	12.53	X
J Carbe	12.07	12.41	12.20

### Men Triathlon

1 Fredrik Samuelsson	95	Hässelby SK	2514
2 Jonathan Carbe	90	Örgryte IS	2377
3 Andreas Gustafsson	97	Falu IK	2228
4 Kevin Fankl	95	24SevenAthletics	2158
5 Carl af Forselles	01	Hässelby SK	2114
6 Gustav Magnusson	00	Nyköpings BIS	2097
Rasmus Elfgaard	94	24SevenAthletics	DNF

	L Jump	Shotput	200m
Fredrik Samuelsson	7.22	14.40	21.88
	866	753	895
	866	1619	2514
Jonathan Carbe	7.33	12.41	22.30
	893	631	853
	893	1524	2377
Andreas Gustafsson	6.79	12.53	22.59
	764	639	825
	764	1403	2228
Kevin Fankl	6.56	13.44	23.34
	711	694	753
	711	1405	2158
Carl af Forselles	6.89	10.28	22.60
	788	502	824
	788	1290	2114
Gustav Magnusson	6.83	10.98	23.08
	774	545	778
	774	1319	2097
Rasmus Elfgaard	6.39	X	23.15
	673	0	771
	673	673	1444