

# Folksam Grand Prix 2009

Sollentuna GP

Sollentunavallen 25 juni 2009

## Resultat

### M 100 m A Vind:0.6

|   |                    |    |                 |       |
|---|--------------------|----|-----------------|-------|
| 1 | Patrick van Luijk  | 84 | NED             | 10.44 |
| 2 | Uchenna Emedolu    | 76 | NGR             | 10.50 |
| 3 | Stefan Tärnhuvud   | 85 | Sundsvalls FI   | 10.60 |
| 4 | Jens Löfgren       | 86 | Malmö AI        | 10.83 |
| 5 | Emil Zail          | 87 | Spårvägens FK   | 10.87 |
| 6 | Tom Kling-Baptiste | 90 | Huddinge AIS    | 10.87 |
| 7 | Benjamin Olsson    | 91 | IFK Helsingborg | 11.07 |
| 8 | Arnor Jonsson      | 87 | ISL             | 11.21 |

### M 100 m B Vind:-0.8

|   |                    |    |               |       |    |
|---|--------------------|----|---------------|-------|----|
| 1 | Tom Kling-Baptiste | 90 | Huddinge AIS  | 10.81 |    |
| 2 | Emil Zail          | 87 | Spårvägens FK | 10.83 | SB |
| 3 | Kristinn Torfason  | 84 | ISL           | 11.15 |    |
| 4 | Arnor Jonsson      | 87 | ISL           | 11.20 |    |
| 5 | André Drummond     | 90 | Spårvägens FK | 11.28 | PB |
| 6 | Nils-Göran Nilsson | 88 | Turebergs FK  | 11.46 |    |
| 7 | Viktor Granholm    | 86 | Spårvägens FK | 11.59 | SB |
| 8 | Brett Birkeland    | 86 | USA           | 11.62 |    |

### M 200 m Vind:0.0

|   |                     |    |              |       |          |
|---|---------------------|----|--------------|-------|----------|
| 1 | Tshego Meshoe       | 87 | RSA          | 21.24 |          |
| 2 | Mario Bassani       | 83 | ITA          | 21.40 |          |
| 3 | Alexander Nordkvist | 90 | Huddinge AIS | 21.46 |          |
| 4 | Nicklas Hyde        | 86 | DEN          | 21.62 | SB       |
| 5 | Jasim Saeed         | 83 | UAE          | 21.99 |          |
| 6 | Tom Druce           | 86 | GBR          | 22.11 |          |
| 7 | Johan Eriksson      | 88 | Turebergs FK | 23.02 |          |
|   | Uchenna Emedolu     | 76 | NGR          | DQ    | §F.4.2.9 |

### M 400 m A

|   |                 |    |              |       |    |
|---|-----------------|----|--------------|-------|----|
| 1 | Ali Nagmeldin   | 86 | SUD          | 46.24 | SB |
| 2 | Yusif Rabah     | 86 | SUD          | 46.39 | SB |
| 3 | Mihajlo Knysh   | 83 | UKR          | 46.40 |    |
| 4 | Nil de Oliveira | 86 | Turebergs FK | 46.94 |    |

|   |                   |    |              |       |
|---|-------------------|----|--------------|-------|
| 5 | Awad Makki        | 92 | SUD          | 47.73 |
| 6 | Cory Innes        | 86 | NZL          | 48.14 |
| 7 | Fredrik Johansson | 86 | IF Göta      | 48.18 |
| 8 | Fredrik Hallinder | 88 | Turebergs FK | 49.02 |

#### M 400 m B

|   |                       |    |              |       |    |
|---|-----------------------|----|--------------|-------|----|
| 1 | Tom Druce             | 86 | GBR          | 47.18 | PB |
| 2 | Andreas Bube          | 87 | DEN          | 47.24 |    |
| 3 | Jacob Riis            | 84 | DEN          | 47.71 | SB |
| 4 | Jasim Saeed           | 83 | UAE          | 48.82 |    |
| 5 | Johan Eriksson        | 88 | Turebergs FK | 49.32 |    |
| 6 | Trausti Stefánsson    | 85 | ISL          | 49.54 |    |
| 7 | Mohamed Elsaed Hemeda | 93 | EGY          | 50.29 |    |
| 8 | Oskar Borbos          | 91 | Gefle IF     | 50.63 |    |

#### M 800 m A

|   |                     |    |             |         |    |
|---|---------------------|----|-------------|---------|----|
| 1 | Ismail Ismail       | 84 | SUD         | 1:46.65 |    |
| 2 | Abdullah Abdulgadir | 88 | SUD         | 1:47.27 |    |
| 3 | Damien Moss         | 82 | GBR         | 1:47.67 | PB |
| 4 | Mattias Claesson    | 86 | Hässelby SK | 1:47.76 |    |
| 5 | Dmitrijs Jurkevics  | 87 | LAT         | 1:48.08 |    |
| 6 | Joni Jaako          | 86 | GoIF Tjalve | 1:49.64 | SB |
| 7 | Anton Asplund       | 90 | Ume FI      | 1:50.51 | SB |
| 8 | Ahmed Sabah Faraj   | 84 | EGY         | 1:50.67 |    |
|   | Ali Nagmeldin       | 86 | SUD         | DNF     |    |

#### M 800 m B

|    |                          |    |               |         |    |
|----|--------------------------|----|---------------|---------|----|
| 1  | Hillary Kiptanui Kirongo | 84 | KEN           | 1:50.42 | PB |
| 2  | Tristan Garrett          | 88 | AUS           | 1:50.71 |    |
| 3  | Björn Margeirsson        | 99 | ISL           | 1:51.16 | SB |
| 4  | Johan Svensson           | 89 | Spårvägens FK | 1:51.33 | SB |
| 5  | Henrik Ingebrigtsen      | 91 | NOR           | 1:51.46 |    |
| 6  | Torje Klevmo             | 87 | NOR           | 1:51.51 |    |
| 7  | Thobias Ekhamre          | 88 | Hammarby IF   | 1:51.61 | SB |
| 8  | Johan Walldén            | 87 | Gefle IF      | 1:51.71 | SB |
| 9  | Henrik Astfors           | 87 | Västerås FK   | 1:53.22 |    |
| 10 | Albin Johansson          | 81 | Hässelby SK   | 1:55.27 |    |
| 11 | Daniel Norberg           | 78 | Spårvägens FK | 1:55.79 | SB |
| 12 | Rickard Pell             | 79 | Hammarby IF   | 2:05.42 |    |
|    | Fredrik Karlsson         | 78 | Hammarby IF   | DNF     |    |

#### M 800 m C

|   |                 |    |               |         |    |
|---|-----------------|----|---------------|---------|----|
| 1 | Johan Bagge     | 84 | Ume FI        | 1:51.58 |    |
| 2 | Vidar Dahle     | 88 | NOR           | 1:51.91 | PB |
| 3 | Eric Hagelin    | 89 | Hässelby SK   | 1:54.34 |    |
| 4 | Klas Persson    | 91 | Nyköpings BIS | 1:54.69 |    |
| 5 | William Taudien | 88 | Turebergs FK  | 1:55.34 |    |

|    |                      |    |                 |         |    |
|----|----------------------|----|-----------------|---------|----|
| 6  | André Kahlström      | 88 | Hammarby IF     | 1:55.52 | SB |
| 7  | Martin Stjernlöf     | 87 | Turebergs FK    | 1:56.65 |    |
| 8  | Christopher Svensson | 85 | IFK Helsingborg | 1:57.34 | SB |
| 9  | Tim Sundström        | 89 | KFUM Örebro     | 1:57.97 |    |
| 10 | Karim Mohammadi      | 89 | Spårvägens FK   | 2:00.82 |    |
|    | Tor Pöllänen         | 87 | Hässelby SK     | DNF     |    |
|    | Johan Klinteskog     | 81 | Hammarby IF     | DNF     |    |

#### M 800 m D

|   |                     |    |               |         |    |
|---|---------------------|----|---------------|---------|----|
| 1 | Olle Olofsson       | 88 | Bollnäs FIK   | 1:55.60 | SB |
| 2 | Kristoffer Fransson | 89 | Turebergs FK  | 1:56.25 | SB |
| 3 | Alexander Persson   | 89 | Hammarby IF   | 1:56.43 | SB |
| 4 | Snorri Sigurdsson   | 91 | ISL           | 1:56.54 |    |
| 5 | Kristian Nedregård  | 74 | NOR           | 1:56.80 |    |
| 6 | Kristoffer Vilkanis | 89 | Hässelby SK   | 1:56.99 |    |
| 7 | Jonathan Waern      | 86 | KFUM Örebro   | 1:57.22 |    |
| 8 | Sami Araya          | 87 | Spårvägens FK | 1:57.87 | SB |
| 9 | Eirik Myrmel        | 83 | NOR           | 1:59.38 |    |
|   | Mathias Stjernlöf   | 86 | Turebergs FK  | DNF     |    |

#### M 800 m E

|   |                          |    |                  |         |    |
|---|--------------------------|----|------------------|---------|----|
| 1 | Olafur Konrad Albertsson | 89 | ISL              | 1:56.68 | PB |
| 2 | Adam Uhrdin              | 90 | Enhörna IF       | 1:58.53 | PB |
| 3 | Erik Inge                | 92 | Råby-Rekarne FIF | 1:59.49 | PB |
| 4 | Patrik Pettersson        | 90 | Rånäs 4H         | 2:00.96 |    |
| 5 | Johan Jonsson-Dahl       | 88 | Spårvägens FK    | 2:01.52 | PB |
| 6 | Joakim Frisk             | 90 | Västerås FK      | 2:02.76 |    |
| 7 | Philip Lundell           | 91 | Österhaninge IF  | 2:03.10 |    |
| 8 | Karl Engström            | 81 | Spårvägens FK    | 2:05.69 | PB |
| 9 | Jens Bengtsson           | 90 | IF Göta          | 2:06.66 |    |
|   | Per Synnerman            | 71 | Hammarby IF      | DNF     |    |
|   | Halfdan-Emil Færø        | 91 | NOR              | DNS     |    |

#### M 1500 m A

|    |                   |    |               |         |    |
|----|-------------------|----|---------------|---------|----|
| 1  | Abubaker Kaki     | 89 | SUD           | 3:39.89 |    |
| 2  | Dave Campbell     | 82 | IRL           | 3:40.15 | SB |
| 3  | Daniel Njironie   | 89 | KEN           | 3:42.53 | PB |
| 4  | Olle Walleräng    | 85 | Spårvägens FK | 3:45.48 |    |
| 5  | Riku Mattinen     | 87 | FIN           | 3:45.78 |    |
| 6  | Rizak Dirshe      | 72 | Malmö AI      | 3:46.70 |    |
| 7  | Nacerddine Hallil | 88 | Hässelby SK   | 3:47.38 |    |
| 8  | Ruben Ramolefi    | 78 | RSA           | 3:47.83 | SB |
| 9  | Per Jacobsen      | 77 | IF Göta       | 3:48.18 |    |
| 10 | Oskar Käck        | 82 | Hälle IF      | 3:49.00 |    |
| 11 | Johan Wallerstein | 78 | IFK Lund      | 3:51.10 | SB |
| 12 | Nick Bromley      | 84 | AUS           | 3:51.85 |    |
| 13 | Rolf Steier       | 84 | USA           | 3:55.31 |    |
|    | Adnan Agar        | 80 | Hässelby SK   | DNF     |    |
|    | John Laselle      | 79 | Turebergs FK  | DNF     |    |

|                               |    |     |     |
|-------------------------------|----|-----|-----|
| Samwel Mwere Chegere (Pace A) | 85 | TAN | DNF |
| Jonathan Rotich               | 99 | KEN | DNF |

### M 1500 m B

|    |                         |    |                         |         |    |
|----|-------------------------|----|-------------------------|---------|----|
| 1  | Per Sjögren             | 79 | KFUM Örebro             | 3:48.69 | PB |
| 2  | Anton Danielson         | 90 | IK Norrköping friidrott | 3:50.99 | PB |
| 3  | Johan Hydén             | 89 | IK Akele                | 3:51.87 |    |
| 4  | Daniel Lundgren         | 85 | Turebergs FK            | 3:51.89 |    |
| 5  | Ahmed Abdelkareem Faraj | 93 | EGY                     | 3:53.55 | PB |
| 6  | Andreas Rehnborg        | 80 | Hässelby SK             | 3:55.91 | SB |
| 7  | Thorbergur Jonsson      | 82 | ISL                     | 3:56.16 | SB |
| 8  | Oskar Danielson         | 88 | IK Norrköping friidrott | 3:56.71 |    |
| 9  | Tuomo Salonen           | 00 | FIN                     | 3:56.74 | SB |
| 10 | Patrik Andersson        | 86 | Hälle IF                | 3:57.68 |    |
| 11 | Marcus Hallbäck         | 92 | Bålsta IK               | 3:57.95 | PB |
| 12 | Marcus Gustafsson       | 88 | Spårvägens FK           | 3:58.89 | SB |
| 13 | Halfdan-Emil Färö       | 92 | NOR                     | 4:02.49 | PB |
| 14 | Mikael Röjerås          | 90 | Västerås FK             | 4:06.19 | PB |
| 15 | Tomas Windheim          | 87 | NOR                     | 4:07.37 |    |
|    | Fredrik Karlsson        | 78 | Hammarby IF             | DNF     |    |

### M 3000 m

|    |                        |    |               |         |    |
|----|------------------------|----|---------------|---------|----|
| 1  | Mike Tuiny             | 00 | KEN           | 7:53.23 |    |
| 2  | Sammy Kirui            | 00 | KEN           | 7:55.27 |    |
| 3  | Richard Bartale        | 90 | KEN           | 7:56.10 |    |
| 4  | Mark Draper            | 84 | GBR           | 7:57.74 |    |
| 5  | Sondre Nordstad Moen   | 91 | NOR           | 8:18.31 | SB |
| 6  | Abdulfatah Zaky        | 91 | EGY           | 8:20.80 | PB |
| 7  | Joachim Brøndbo        | 85 | NOR           | 8:23.46 |    |
| 8  | Eric Senorski          | 89 | Örgryte IS    | 8:24.41 | PB |
| 9  | Noam Neeman            | 87 | ISR           | 8:24.66 |    |
| 10 | Magnus Jensen          | 84 | Hammarby IF   | 8:25.11 | PB |
| 11 | Henry Gross            | 85 | Hässelby SK   | 8:27.22 |    |
| 12 | Asle Rønning Tjelta    | 85 | NOR           | 8:27.62 |    |
| 13 | Kjetil Foss Angeltvedt | 85 | NOR           | 8:30.75 | PB |
| 14 | Andreas Åhwall         | 89 | Hässelby SK   | 8:31.25 | PB |
| 15 | Tobias Lundgren        | 87 | Spårvägens FK | 8:35.98 |    |
| 16 | Daniel Woldu           | 89 | Spårvägens FK | 8:36.24 |    |
| 17 | David Nilsson          | 87 | Högby IF      | 8:41.11 |    |
| 18 | Peter Gross            | 85 | Hässelby SK   | 8:44.11 |    |
| 19 | Salim Mohamed          | 92 | EGY           | 8:47.07 |    |
| 20 | Nicklas Källmén        | 75 | KFUM Örebro   | 8:56.44 | SB |
|    | Adil Bouafif (Pace A)  | 78 | Hässelby SK   | DNF     |    |
|    | Rubin McRae            | 73 | Hässelby SK   | DNS     |    |

### M 110 m häck Vind:-0.3

|   |                  |    |           |       |    |
|---|------------------|----|-----------|-------|----|
| 1 | Philip Nossmy    | 82 | Malmö AI  | 13.80 | SB |
| 2 | Robert Kronberg  | 76 | IF Kville | 13.81 | SB |
| 3 | Callum Priestley | 89 | GBR       | 14.23 |    |

|   |                            |    |               |       |    |
|---|----------------------------|----|---------------|-------|----|
| 4 | Andreas Andersson          | 87 | Uppsala IF    | 14.60 | PB |
| 5 | Rasmus Olofsson            | 84 | Hässelby SK   | 15.57 |    |
| 6 | Jaime de la Cruz Rodriguez | 83 | Spårvägens FK | 16.19 | PB |
|   | Maksim Lynsha              | 85 | BLR           | DNS   |    |

#### M 400 m häck A

|   |                     |    |             |       |    |
|---|---------------------|----|-------------|-------|----|
|   | Björgvin Vikingsson | 83 | ISL         |       |    |
| 1 | Jussi Heikkilä      | 83 | FIN         | 50.07 | SB |
| 2 | Rhys Williams       | 84 | GBR         | 50.20 |    |
| 3 | Obaid Shirok Ali    | 79 | UAE         | 51.62 |    |
| 4 | Niklas Larsson      | 85 | Hässelby SK | 52.46 | SB |
| 5 | Henrik Encke        | 84 | Hässelby SK | 52.80 | SB |
| 6 | Nicklas Nilsson     | 87 | Bromma IF   | 54.46 |    |
| 7 | Ramon Huber         | 88 | SUI         | 55.99 |    |

#### M 400 m häck B

|   |                  |    |              |       |    |
|---|------------------|----|--------------|-------|----|
| 1 | Niklas Liberg    | 86 | IFK Lund     | 55.40 | PB |
| 2 | Anton Forsberg   | 91 | Turebergs FK | 55.66 |    |
| 3 | Markus Johansson | 90 | Ume FI       | 56.19 | PB |
| 4 | Hans Erik Vist   | 88 | NOR          | 56.66 |    |

#### M High Jump

|   |                  |    |                 |      |    |
|---|------------------|----|-----------------|------|----|
| 1 | Yaroslav Rybakov | 80 | RUS             | 2.30 |    |
| 2 | Linus Thörnblad  | 85 | Malmö AI        | 2.22 |    |
| 3 | Victor Shapoval  | 79 | UKR             | 2.18 |    |
| 4 | Mehdi Alkhatib   | 87 | SoIK Hellas     | 2.18 | SB |
| 5 | Oleksandr Nartov | 88 | UKR             | 2.14 |    |
| 6 | Carl Rönnow      | 90 | SC Athletique   | 2.10 | PB |
| 7 | Erik Sundlöf     | 91 | Glanshammars IF | 2.05 |    |

|                  | 2.00 | 2.05 | 2.10 | 2.14 | 2.18 | 2.22 | 2.26 | 2.30 | 2.33 |
|------------------|------|------|------|------|------|------|------|------|------|
| Erik Sundlöf     | o    | o    | xxx  |      |      |      |      |      |      |
| Victor Shapoval  | -    | -    | o    | xxo  | o    | xxx  |      |      |      |
| Carl Rönnow      | o    | o    | xo   | xxx  |      |      |      |      |      |
| Oleksandr Nartov | -    | o    | o    | xxo  | xxx  |      |      |      |      |
| Mehdi Alkhatib   | -    | o    | o    | xo   | xxo  | xxx  |      |      |      |
| Yaroslav Rybakov | -    | -    | -    | -    | o    | xo   | o    | xxo  | xxx  |
| Linus Thörnblad  | -    | -    | -    | -    | o    | o    | xxx  |      |      |

#### M Pole Vault

|   |                     |    |            |      |    |
|---|---------------------|----|------------|------|----|
| 1 | Alhaji Jeng         | 81 | Örgryte IS | 5.55 | SB |
| 2 | Oscar Janson        | 75 | Ullevi FK  | 5.45 |    |
| 3 | Adam Kolasa         | 75 | POL        | 5.45 | SB |
| 4 | Igor Pavlov         | 79 | RUS        | 5.45 |    |
| 5 | Jesper Fritz        | 85 | Malmö AI   | 5.25 |    |
|   | Guiseeppe Gibilisco | 79 | ITA        | x    |    |
|   | Rasmus Carlsson     | 88 | Falu IK    | x    |    |

|                    | 4.70 | 5.00 | 5.25 | 5.35 | 5.45 | 5.50 | 5.55 | 5.60 | 5.70 | 5.75 |
|--------------------|------|------|------|------|------|------|------|------|------|------|
| Rasmus Carlsson    | xxx  |      |      |      |      |      |      |      |      |      |
| Gustaf Hultgren    | xxx  |      |      |      |      |      |      |      |      |      |
| Guiseppe Gibilisco | -    | -    | -    | xxx  |      |      |      |      |      |      |
| Oscar Janson       | -    | -    | o    | xo   | o    | -    | xxx  |      |      |      |
| Adam Kolasa        | -    | -    | o    | -    | xo   | -    | -    | xxx  |      |      |
| Jesper Fritz       | -    | -    | o    | -    | xxx  |      |      |      |      |      |
| Igor Pavlov        | -    | -    | -    | x-   | xo   | -    | -    | xxx  |      |      |
| Alhaji Jeng        | -    | -    | -    | -    | -    | x-   | o    | -    | xxx  |      |

**M Long Jump**

|   |                         |    |               |      |
|---|-------------------------|----|---------------|------|
| 1 | Greg Rutherford         | 86 | GBR           | 7,98 |
| 2 | Michel Tornéus          | 86 | IFK Tumba     | 7,78 |
| 3 | Mauro Vinicius da Silva | 86 | BRA           | 7,47 |
| 4 | Björn Wilson            | 90 | IK Orient     | 7,08 |
| 5 | Kristinn Torfason       | 84 | ISL           | 6,95 |
| 6 | Mattias Sunneborn       | 70 | Spårvägens FK | 6,88 |
| 7 | Alexander Wittlock      | 91 | Hanvikens SK  | 6,73 |
|   | Issam Nima              | 79 | ALG           | -    |

|                         |      |        |      |       |      |        |      |        |      |        |      |        |
|-------------------------|------|--------|------|-------|------|--------|------|--------|------|--------|------|--------|
| Alexander Wittlock      | 6,14 | (-0.3) | 6,73 | (0.0) | 6,47 | (0.8)  | 1,85 | (-0.5) | 6,37 | (-0.1) | 6,61 | (-0.3) |
| Kristinn Torfason       | 6,58 | (-1.3) | 5,26 | (0.5) | 6,95 | (0.6)  | 6,95 | (0.7)  | 6,86 | (-0.1) | 6,77 | (0.3)  |
| Mattias Sunneborn       | 6,74 | (-0.5) | 6,81 | (0.7) | 6,74 | (-0.6) | 6,79 | (0.5)  | 6,88 | (-0.2) | 6,61 | (-0.6) |
| Björn Wilson            | 7,02 | (-0.2) | 6,97 | (0.7) | X    | (1.5)  | 7,08 | (0.6)  | 5,10 | (0.2)  | 7,02 | (-0.4) |
| Mauro Vinicius da Silva | 7,27 | (-2.1) | 7,47 | (0.2) | X    | (1.6)  | 7,25 | (-1.0) | 5,52 | (0.6)  | X    | (-0.3) |
| Issam Nima              | -    |        | -    |       | -    |        | -    |        | -    |        | -    |        |
| Greg Rutherford         | 7,82 | (-0.5) | 7,83 | (1.7) | 7,87 | (2.8)  | 7,91 | (-0.2) | 7,92 | (0.6)  | 7,98 | (-0.4) |
| Michel Tornéus          | 7,57 | (-1.4) | 7,78 | (0.9) | X    | (-0.6) | X    | (-1.9) | 7,59 | (-0.3) | X    | (-0.1) |

**M Discus**

|                 |                 |       |               |       |       |       |       |
|-----------------|-----------------|-------|---------------|-------|-------|-------|-------|
| 1               | Omar El Ghazaly | 84    | EGY           | 66.34 | PB    |       |       |
| 2               | Märt Israel     | 83    | EST           | 62.35 |       |       |       |
| 3               | Per Rosell      | 87    | Ullevi FK     | 57.12 |       |       |       |
| 4               | Axel Härstedt   | 87    | Malmö AI      | 53.14 |       |       |       |
| 5               | Robert Melin    | 82    | Bottnaryds IF | 53.03 |       |       |       |
| 6               | Johnny Karlsson | 89    | IFK Strömsund | 43.59 |       |       |       |
| Robert Melin    |                 | X     | 53.03         | X     | X     | X     | X     |
| Johnny Karlsson |                 | X     | 43.59         | X     | X     | X     | X     |
| Axel Härstedt   |                 | 51.39 | 51.56         | 52.99 | 53.14 | X     | X     |
| Märt Israel     |                 | 59.27 | X             | X     | X     | X     | 62.35 |
| Per Rosell      |                 | 51.37 | X             | 57.12 | 56.38 | 52.05 | X     |
| Omar El Ghazaly |                 | 62.72 | 65.39         | 66.34 | X     | X     | 64.01 |

**K 100 m A Vind:0.4**

|   |               |    |         |       |
|---|---------------|----|---------|-------|
| 1 | Elana Chebanu | 81 | UKR     | 11.78 |
| 2 | Emma Rienas   | 82 | IF Göta | 11.79 |

|   |                  |    |                 |       |
|---|------------------|----|-----------------|-------|
| 3 | Sari Keskitalo   | 85 | FIN             | 11.94 |
| 4 | Isabelle Eurenus | 89 | Ume FI          | 11.96 |
| 5 | Julia Skugge     | 88 | Glanshammars IF | 12.06 |
| 6 | Katja Salivaara  | 80 | FIN             | 12.39 |
|   | Haley Birkeland  | 87 | USA             | DNS   |

### K 100 m B Vind:3.2

|   |                             |    |     |       |    |
|---|-----------------------------|----|-----|-------|----|
| 1 | Katja Salivaara             | 80 | FIN | 12.24 | SB |
| 2 | Hrafnhild Eir Hermodsdottir | 89 | ISL | 12.65 |    |
| 3 | Haley Birkeland             | 87 | USA | 12.69 |    |
| 4 | Sharouk Mahmud Hasan        | 93 | EGY | 13.28 |    |

### K 400 m A

|   |                     |    |             |       |    |
|---|---------------------|----|-------------|-------|----|
| 1 | Nawal El Jack       | 88 | SUD         | 52.96 |    |
| 2 | Vicky Barr          | 82 | GBR         | 53.17 |    |
| 3 | Barbara Petrahn     | 78 | HUN         | 53.49 |    |
| 4 | Irene Helgesen      | 85 | NOR         | 55.10 |    |
| 5 | Charlotte Johansson | 86 | IFK Lidingö | 55.46 | PB |
| 6 | Rebecca Högberg     | 84 | KFUM Örebro | 55.74 |    |
| 7 | Sofia Thorin        | 89 | KFUM Örebro | 56.48 | SB |

### K 400 m B

|   |                |    |              |       |    |
|---|----------------|----|--------------|-------|----|
| 1 | Elin Moraiti   | 91 | Falu IK      | 55.97 | PB |
| 2 | Lotta Lindsén  | 90 | Turebergs FK | 57.35 | SB |
| 3 | Helena Scherer | 84 | DEN          | 57.45 |    |
| 4 | Mia Sylwan     | 91 | IFK Lidingö  | 60.10 |    |

### K 800 m A

|   |                         |    |             |         |    |
|---|-------------------------|----|-------------|---------|----|
| 1 | Malika Akkaoui          | 87 | MAR         | 2:02.18 | PB |
| 2 | Alaywia Maki            | 92 | SUD         | 2:03.66 | PB |
| 3 | Sofia Öberg             | 90 | IFK Lidingö | 2:04.57 |    |
| 4 | Charlotte Schönbeck     | 84 | IFK Lidingö | 2:04.91 | PB |
| 5 | Tara Bird               | 90 | GBR         | 2:04.97 |    |
| 6 | Heidi Pappila           | 89 | FIN         | 2:09.43 |    |
| 7 | Elin Wiik               | 85 | Hässelby SK | 2:09.62 |    |
| 8 | Vendela Mindelöf        | 92 | Hässelby SK | 2:11.43 |    |
| 9 | Samia Adan              | 90 | Hässelby SK | 2:12.68 |    |
|   | Cecilie Benedicte Isern | 88 | NOR         | DNF     |    |
|   | Muna Jabir              | 87 | SUD         | DNF     |    |

### K 1500 m

|   |                  |    |          |         |    |
|---|------------------|----|----------|---------|----|
| 1 | Kaila McKnight   | 86 | AUS      | 4:10.01 | PB |
| 2 | Amina Bakhit     | 90 | SUD      | 4:15.95 | PB |
| 3 | Ulrika Johansson | 75 | Rånäs 4H | 4:20.25 |    |
| 4 | Mari Järvenpää   | 87 | FIN      | 4:24.45 | SB |

|    |                            |    |                |         |    |
|----|----------------------------|----|----------------|---------|----|
| 5  | Heidi Eriksson             | 86 | FIN            | 4:27.11 |    |
| 6  | Hanne Lyngstad             | 75 | NOR            | 4:27.36 | SB |
| 7  | Lina Alainentalo           | 92 | Hässelby SK    | 4:33.32 |    |
| 8  | Petra Kindlund             | 85 | Huddinge AIS   | 4:33.33 | PB |
| 9  | Mary Alenbratt             | 90 | Kongahälla AIK | 4:34.81 |    |
| 10 | Sara Sjöqvist              | 89 | Täby IS        | 4:36.04 |    |
| 11 | Lisa Voltaire              | 87 | Täby IS        | 4:36.93 | SB |
| 12 | Natalie Rohlén             | 90 | IFK Lidingö    | 4:38.92 |    |
|    | Nelly Jepkoskei (Pace)     | 91 | KEN            | DNF     |    |
|    | Magdalena Ottersten (Pace) | 99 | Hässelby SK    | DNF     |    |

### K 5000 m

|   |                     |    |               |          |    |
|---|---------------------|----|---------------|----------|----|
| 1 | Ida Nilsson         | 81 | Högby IF      | 16:07.95 |    |
| 2 | Zivile Balciunaite  | 79 | LTU           | 16:27.99 | SB |
| 3 | Christina Bus Holth | 80 | NOR           | 16:35.43 | PB |
| 4 | Tove Berg           | 77 | Spårvägens FK | 16:38.54 | PB |
|   | Malin Liljestedt    | 80 | Spårvägens FK | DNF      |    |
|   | Louise Wiker        | 79 | Hässelby SK   | DNF      |    |
|   | Lisa Blommé (Pace)  | 78 | Hässelby SK   | DNF      |    |

### K 400 m häck

|   |                   |    |             |       |
|---|-------------------|----|-------------|-------|
| 1 | Muna Jabir        | 87 | SUD         | 57.49 |
| 2 | Lamia Lhabze      | 84 | MAR         | 60.08 |
| 3 | Stine Meland-Tomb | 86 | Hammarby IF | 60.44 |
| 4 | Rachel Nordtömme  | 89 | NOR         | 62.87 |

### K Long Jump

|   |                    |    |               |      |    |
|---|--------------------|----|---------------|------|----|
| 1 | Eliane Martins     | 86 | BRA           | 6,44 |    |
| 2 | Jóhanna Ingadóttir | 82 | ISL           | 5,95 |    |
| 3 | Malin Malmbrandt   | 85 | Västerås FK   | 5,74 |    |
| 4 | Johanna Wikström   | 87 | Huddinge AIS  | 5,52 | PB |
| 5 | Linda Bergh        | 89 | Hässelby SK   | 5,52 |    |
| 6 | Malin Eriksson     | 91 | KFUM Örebro   | 5,29 |    |
| 7 | Angelica Engberg   | 89 | Hässelby SK   | 5,24 |    |
| 8 | Sara Wilkinson     | 80 | Spårvägens FK | 5,01 | SB |

|                    |      |        |      |        |      |        |      |        |      |       |      |        |
|--------------------|------|--------|------|--------|------|--------|------|--------|------|-------|------|--------|
| Malin Malmbrandt   | X    | (1.0)  | 5,52 | (0.4)  | 5,57 | (-0.5) | 5,30 | (0.3)  | 5,74 | (1.4) | 5,67 | (3.0)  |
| Sara Wilkinson     | 4,65 | (-1.2) | 2,61 | (-2.0) | X    | (1.3)  | 5,01 | (-0.1) | X    | (4.7) | X    | (1.7)  |
| Linda Bergh        | 5,46 | (2.0)  | X    | (1.5)  | 5,52 | (1.8)  | 4,50 | (1.1)  | X    | (0.6) | X    | (-0.1) |
| Jóhanna Ingadóttir | 5,49 | (-1.8) | 5,48 | (1.5)  | 5,95 | (1.4)  | 5,82 | (-0.6) | 5,89 | (0.7) | 5,46 | (0.5)  |
| Johanna Wikström   | 5,34 | (-1.8) | 5,52 | (-0.1) | 5,52 | (1.3)  | X    | (0.9)  | 5,39 | (0.1) | 5,49 | (0.0)  |
| Malin Eriksson     | 5,19 | (-2.4) | 5,19 | (-0.3) | 5,27 | (-0.1) | 5,29 | (0.3)  | X    | (1.1) | 3,62 | (0.3)  |
| Angelica Engberg   | X    | (-1.0) | 5,05 | (-0.4) | 5,24 | (1.9)  | 5,24 | (2.8)  | 4,92 | (0.1) | X    | (0.6)  |
| Eliane Martins     | 5,86 | (0.5)  | 6,24 | (-0.4) | X    | (0.9)  | 6,44 | (0.4)  | 6,23 | (1.7) | 6,23 | (-0.6) |

### K Shot put

|   |               |    |                   |       |
|---|---------------|----|-------------------|-------|
| 1 | Helena Engman | 76 | Riviera Friidrott | 16.40 |
|---|---------------|----|-------------------|-------|



|   |                     |    |              |       |    |
|---|---------------------|----|--------------|-------|----|
| 2 | Rebecca Peake       | 83 | GBR          | 14.88 |    |
| 3 | Carolina Hjelt      | 86 | Huddinge AIS | 14.83 | SB |
| 4 | Linda Nestorsson    | 75 | Ullevi FK    | 13.97 |    |
| 5 | Frida Åkerström     | 90 | Huddinge AIS | 13.45 | SB |
| 6 | Fredrica Kremlhofer | 92 | Huddinge AIS | 11,10 |    |

|                     |       |       |       |       |       |       |
|---------------------|-------|-------|-------|-------|-------|-------|
| Fredrica Kremlhofer | X     | X     | X     | 10,21 | 10.50 | 11,10 |
| Linda Nestorsson    | 12.66 | X     | 13.73 | 13.85 | 13.97 | X     |
| Carolina Hjelt      | 13.43 | 14.31 | X     | X     | X     | 14.83 |
| Frida Åkerström     | 12.93 | 13.45 | X     | X     | X     | 13.30 |
| Rebecca Peake       | 14.59 | 14.03 | 14,60 | 14.88 | X     | 14.21 |
| Helena Engman       | X     | X     | 16.36 | X     | 16.40 | X     |